



Basic Skills Competition Saturday, April 24, 2010

SkateNation Plus
4350 Pouncey Tract Road
Glen Allen, VA 23060

An open basic skills competition for all members in good standing
with US Figure Skating



Hosted by the Richmond Figure Skating Club

Sanctioned by US Figure Skating



Location, rink and date: The competition will be held at SkateNation Plus, 4350 Pouncey Tract Road, Glen Allen, VA 23060 on Saturday, April 24, 2010. Rings Around Richmond is hosted by the Richmond Figure Skating Club. The competition rink is NHL regulation size, measuring 200 x 85 feet.

For directions, please visit:

www.skatenationplus.net

For other competition information, please visit:

www.richmondsc.com

Entries: Final deadline/postmark for all applications is **March 12, 2010**.

Applications should be sent to:

Laurie Brand
RAR Registration
3709 Evelyton Court
Glen Allen, VA 23060

The RFSC Competition Committee (LOC) will limit entries at each level and will close entries early if spaces for particular levels are filled. Applications will be taken on a first-come, first-serve basis. You are encouraged to get your application in early to ensure your participation. Late applications will only be accepted if the cap has not been reached and at the discretion of the LOC. Late entries will incur a \$25 late fee. There will be NO REFUNDS unless the event is cancelled by the LOC. There will be a \$15 fee for entries that are changed due to any errors made on the registration paperwork after the due date so, please check your registration form carefully before mailing it.

If you have questions, please contact the **Competition Coordinator:** Laurie Brand lauriebrand@comcast.net 804-672-6286

Eligibility: The competition is open to ALL skaters who are current eligible (ER 1.00) members of either the Basic Skills Program and/or are full members of U.S. Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Basic Skills Program Club or any other Basic Skills Program Club.

Eligibility will be based on skill level as of closing date of entries. All SNOWPLOW SAM and BASIC SKILLS SKATERS THROUGH BASIC 8 must skate at highest level passed and NO official U.S. Figure Skating tests may have been passed including MIF or individual dances. Skaters in other events may skate at highest level passed OR one level higher, but the maximum level is Preliminary.

General rules: Rings Around Richmond is sanctioned by US Figure Skating and will be conducted under the rules set forth in the 2009 edition of the Official Rulebook and this announcement. Particular note should be taken of these sections:

- Non-Qualifying Competitions
- Events in Non-Qualifying Competitions
- Membership and Eligibility Requirements
- Entries Non-Qualifying Competitions
- Conduct of Competitors

The competition committee reserves the right to cancel events that have one entry. A full refund will be given to those skaters whose events are cancelled in advance of the start of competition.

Judging System: All events will be judged on the 6.0 system of judging.

Liability: US Figure Skating, the Richmond Figure Skating Club, and SkateNation Plus accept no responsibility for injury or damage sustained by any participant in this competition. See rule 3222.

Officials:

Chief Referee:	Bonnie Boaz	Chapel Hill, NC
Chief Accountant:	Ann Morton Neale	Farmville, VA

Practice ice: Limited Practice ice may be available immediately before the competition on a first-come, first-serve basis. Applications will be made available on the website when the competition schedule is posted.

Music will not be played during practice ice. **Do NOT** send applications or practice ice applications that require a signature for delivery. Overnighted envelopes can be left with no signature required. Items sent requiring a signature may not get picked up or may be delayed.

Event Information

**** Program requirements at all levels will be according to the 2009 USFS Rulebook.**

Events included in the Rings Around Richmond Competition include: Free skating, Showcase/Entertainment and Couples/Family Showcase.

FREE SKATING

BASIC PROGRAM EVENT: SNOWPLOW SAM – BASIC 8

The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc., unless otherwise specified. To be skated on full ice. **Vocal music is allowed.** The skater may use elements from a previous level. A .2 deduction will be taken for each element performed from a higher level. Time is 1:00 (one minute) +/- 10 sec.

Event	Requirements
Snowplow	March followed by two foot glide and dip.
Sam	Forward two foot swizzles (2-3 in a row)
	Backward wiggles (2-6 in a row)
	Forward Snowplow Stop
Basic 1	Forward two foot glide, either foot.
	Forward two foot swizzles, 6-8 in a row.
	Backward wiggles, 6-8 in a row.
	Forward snowplow stop.
Basic 2	Forward one foot glide, either foot.
	Two foot turn in place, forward to backward
	Backward two foot swizzles, 6-8 in a row
	Forward alternating ½ swizzle pumps in a straight line across width of ice.
	Moving snowplow stop.
Basic 3	Forward stroking
	Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 6-8 consecutive
	Backward one-foot glide, either foot.
	Moving forward to backward two foot turn in either direction.
	Two foot spin.
Basic 4	Forward outside edge on a circle clockwise or counter-clockwise.
	Forward crossovers, 6-8 consecutive both directions.
	Forward outside three turn – R & L from a standstill.
	Backward stroking.
	Backward snowplow stop – R or L

Event	Time
Basic 5	Backward outside edge on a circle, clockwise or counter-clockwise.
	Backward crossovers, 6-8 consecutive in both directions.
	One-foot spin – min. three revolutions.
	Side toe hop, either direction.
	Hockey stop
Basic 6	Forward inside 3-turn from a standstill, R&L
	Bunny hop
	Forward arabesque spiral on a straight line, R or L
	Lunge, R or L
	T-stop, R or L
Basic 7	Forward inside open Mohawk, R to L and L to R
	Ballet Jump, either direction.
	Back crossovers to a back outside edge landing position, clockwise and counter-clockwise.
	Forward inside pivot.
Basic 8	Moving forward outside or forward inside three turns, R & L
	Waltz Jump.
	Mazurka in either direction.
	Combination move, clockwise or counter-clockwise; two forward crossovers into FI Mohawk step behind, step into one back crossover and step to a forward inside edge.
	Beginning one-foot upright spin, optional free foot position.

FREESKATING EVENT: FREESKATE 1-6

The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc., unless otherwise specified. To be skated on full ice. **Vocal music is allowed.** The skater may use elements from a previous level. A .2 deduction will be taken for each element performed from a higher level. Time is 1:30 (one minute, thirty seconds) +/- 10 sec.

Free skate 1 1. Advanced forward stroking 4-6 strokes 2. Scratch spin from back crossovers 3. Waltz jump from back crossovers 4. Half flip jump	Free skate 4 1. Forward power 3's, 2-3 consecutive R or L 2. Sit spin 3. Loop jump 4. Waltz jump/loop jump
Free skate 2 1. Forward outside spiral R or L 2. Beginning back spin 3. Waltz jump, side toe hop, waltz jump 4. Toe loop	Free skate 5 1. Camel spin 2. Forward upright spin to back upright spin 3. Loop/loop combination jump 4. Flip jump
Free skate 3 1. Forward crossovers in a figure 8 2. Back spin 3. Salchow 4. Waltz jump/Toe loop or Salchow/toe loop	Free skate 6 1. Camel/sit spin combination, min of 4 revolutions total 2. Split or stag jump 3. Waltz jump/1/2 loop /Salchow combination 4. Lutz jump

BEYOND BASIC SKILLS: No Test, Pre-Preliminary and Preliminary Freeskate

Competitors will skate to music of their choice. **Vocal music is allowed.** Skaters may skate at their level or one level higher, but Preliminary is the maximum level.

Event	Requirements	Time
Preliminary	Passed Preliminary Freeskating Test (no higher) (Ref. Rulebook #3700)	1:30
Pre-Preliminary	Passed Pre-Preliminary Freeskating Test (no higher) (Ref. Rulebook #3710)	1:30
No-Test	Has not passed any freeskating test. A well-balanced program consisting of Jumps: Maximum of 5 jump elements. No axels or double jumps permitted. A minimum of two spins of a different nature and one step sequence utilizing ½ ice surface. (Reference rulebook #3721)	1:30

SHOWCASE/ENTERTAINMENT

Showcase programs emphasize the entertainment value, not the technical content. Elements to be considered in judging include interpretation of music and/or character, costuming and audience appeal. **Vocal music is allowed.** For this event, all skaters may skate at their level or one level higher. Props are allowed, but should be appropriate and used to enhance the theme of the program. No costumes or props with feathers or water will be permitted on the ice. Skaters must carry their own props on and off the ice. Skaters are allowed 30 seconds to get any props on the ice and to be in position to skate. They also have 30 seconds from the completion of their program to remove any props from the ice. All Program times are 1:30 +/- 10 seconds for all levels.

Event	Requirements
Basic Low Showcase	Snowplow Sam through Basic 5
Basic High Showcase	Basic 6 through Basic 8, Freeskate 1 through Freeskate 2
Freeskate Showcase	Freeskate 3 through Freeskate 6
Beyond Showcase	No Test, Pre-Preliminary and Preliminary

COUPLES/FAMILY SHOWCASE

The same rules apply as listed above for Showcase. This event is for two to four skaters. The couple/group must skate at the level attained by the highest skater. Example: A Basic 8 Skater and a No Test skater must skate at the No Test level. All Program times are 1:30 +/- 10 seconds.

Event	Requirements
Basic Couples/Family	Snowplow Sam through Basic 8
Freeskate Couples/Family	Freeskate 1 through Freeskate 6
Beyond Couples/Family	No Test, Pre-Preliminary and Preliminary

Awards: All events will be final rounds. Medals or ribbons will be awarded to all skaters participating. Awards ceremonies will be held throughout the competition. Ceremony times will be posted at the rink the day of competition.

Music: Rules governing music selection can be found in the USFS Official Rulebook, Sections 4220 and 3500. Only CDs (standard Compact Disk format) will be accepted. Please ensure that your CD has been created using the proper format and that it will run on a traditional CD player. Music recorded as .mp3 or similar types will only play on a laptop, but not on a regular CD player.

- **CDs:** Must be clearly marked with name, event entered and the music length.

Each CD must have only ONE track on it. While all possible care will be taken, the LOC assumes no responsibility or liability due to lost, damaged or unclaimed music sources.

Competition music must be turned in at the registration desk and must be submitted no later than one hour prior to the event. All music must be picked up at the completion of the competition. CDs will not be mailed back to competitors.

Skaters should also have an extra copy available quickly during the actual competition event.

SCHEDULE: A tentative schedule will be posted on the Richmond Figure Skating Club's website as soon as it is available. We anticipate posting a confirmed schedule on or before April 9th. **The posted schedule does NOT reflect the actual skating order, but indicates the groups and approximate times for each event.** The accountant will draw the official skating order the day of or night before the competition and that skating order will be posted when participants arrive to skate. The printed program does NOT show the actual skating order, only a list of groupings and approximate skate times. Please check back on the RFSC website prior to the competition to see if any revised schedules have been posted. The LOC does not assume responsibility for changes in travel plans that may result from schedule changes.

Skaters are required to check the registration desk or official start orders for changes in events and times. Posting of such changes or other announcements shall be considered sufficient notice to competitors. Skaters are responsible for being present at their own events, and it is suggested that they be ready to skate at least one hour before the scheduled time as times posted are tentative and often run ahead of the actual times.

FEES

\$35 for the first event entered at the Snowplow Sam through Freeskate 6 Level.
\$50 for the first event entered at the NoTest, Pre-Preliminary or Preliminary Level.
\$15 for each additional event entered.

Make checks payable to: Richmond Figure Skating Club.

Fees must accompany the entry form. There will be a \$25 fee charged for all returned checks.

Registration: The registration desk will be found just inside the front entrance to the rink. Registration will open approximately 1 hour prior to the start of the competition and will remain open until about 1 hour prior to the end of the competition. Skaters should plan to arrive and register at least 1 hour in advance of their scheduled skating time.

Admission: There is no admission fee for the competition. Bleacher seating is available.

Suggested Accommodations: All of the following hotels are less than 5 minutes from the rink.

- ❖ **Host Hotel: Hilton Homewood Suites, 4100 Innslake Drive, Glen Allen, VA 23060 (804) 237-6003**
- ❖ Marriott Courtyard, 3950 Westerre Pkwy, Richmond, VA 23233 (804) 346-5427
- ❖ Hampton Inn, 10800 West Broad Street, Glen Allen, VA 23060. (804) 747-7777 or (800) HAMPTON
- ❖ Comfort Suites, 4051 Innslake Drive, Glen Allen, VA 23060. (804) 217-9200 or (888)558-7750
- ❖ Hilton Gardens, 4050 Cox Road, Glen Allen VA 23060. (804) 521-2900 or (800) HILTONS
- ❖ Amerisuites, 4100 Cox Road, Glen Allen, VA 23060. (804) 747-9644 or (800) 833-1516
- ❖ Homestead Studio Suites, 10961 W. Broad Street, Glen Allen, VA 23060 (804) 747-8898.

Directions to the Hotels:

From SkateNation Plus, exit out of the parking lot at the light turning right onto Pouncey Tract Road. Turn left onto Broad Street and head East for approx. 1.25 miles. After you pass under I-64, go two stoplights to Cox Road. For the Homestead Suites, turn right onto Cox and hotel will be on the right. For the Hampton, Comfort Suites, Hilton and Amerisuites, turn left onto Cox. The Hilton Gardens and Amerisuites will be on the left and the Hampton Inn and Comfort Suites will be on the right. For the Marriott Courtyard, follow Broad Street one more light east of Cox Road and it will be on the right next to Panera Bread.

Rings Around Richmond Competition Entry Form

Skater Information (please print or type)

Competitor's Name:		Male or Female:	Date of Birth:	
Address:		City:	State:	Zip:
Phone:	Email Address (please print neatly as email is used extensively):			
Home Club or Name of Rink where enrolled in Basic Skills Program:			USFS #	
Name of Coach:			Coach's Phone:	
Name of Partner (s) (for Couples Showcase, if entered)		Partner's Club:		
T-Shirt Size (Youth Small through Adult XL)				

Please circle the event(s) you wish to enter:

Freeskating	Freeskating	Freeskating	Showcase	Couples Showcase
Snowplow Sam	Freeskate 1	No Test	Basic Low	Basic
Basic 1	Freeskate 2	Pre-Preliminary	Basic High	Freeskate
Basic 2	Freeskate 3	Preliminary	Freeskate	Beyond
Basic 3	Freeskate 4		Beyond	
Basic 4	Freeskate 5			
Basic 5	Freeskate 6			
Basic 6				
Basic 7				
Basic 8				

Checks should be made payable to: **Richmond Figure Skating Club**

**All fees and entry forms must be
Postmarked by: March 12, 2010**

Please send all forms and fees to:

Rings Around Richmond
3709 Evelyton Court
Glen Allen, VA 23060

Fees: Please see the "Fees" section of the application for details.

Couples showcase skaters should split the fee (50% each). Each skater should include 50% of the fee with their application. If a competitor is skating in both Singles and couples events, then the Singles event will be considered the first event.

First event – Snowplow Sam through Freeskate 6	x \$35 =	
First even – No Test through Preliminary	x \$50 =	
Additional Event	x \$15 =	
Total Enclosed: (check or money orders only)		

Certification of Competitor by Home Club Official (required):

I hereby approve the entry of the skater named on this application and certify that he/she is eligible to compete in accordance within the rules of USFS, and that the entrant is a member in good standing of the Home Club or Basic Skills Program.

SIGNED _____ TITLE _____ DATE _____
(Basic Skills Director or Club Officer)

Home Club or Program _____ Home Club # _____

(If you are a Basic Skills Skater, the Skating Director may sign, otherwise, an officer of your home club should sign. If you cannot obtain a signature, then you must ensure that your Skating Director or club officer emails permission for you to compete and verification of your standing to:

Lauriebrand@comcast.net prior to the competition.)